



PPRC Newsletter Volume 26 – Aug 2025

Dear Friends,

Warm greetings from Ahotokurom, where all is well. I hope this newsletter finds you in good health and spirits. We are pleased to give you the latest updates from our community. Time is moving quickly, and it is hard to believe we are already moving into September.

At the heart of our vision is a commitment to enabling personal growth and independence for our vulnerable clients; empowering them to reach their full potential and lead independent lives. Our mission is to provide support and development opportunities for children and young adults with special needs. The Archdiocese of Cape Coast, through PPRC, carries a duty of care, and this mission guides the work we do. While the journey is challenging, it is deeply rewarding. None of this would be possible without the generosity of people around the world, ordinary individuals reaching out to support ordinary people in Ghana in need of care and support.

We are pleased to report that we have expanded our wound care services at Enyinndakurom village, from weekly to twice weekly. In addition, we have been able to extend our pineapple plantation. We are deeply grateful for the support of the Sisters of St. Joseph leadership team, especially Sr. Lisa Olivieri SSJ.

Our most urgent need at present is for volunteers with skills in speech therapy, music therapy, art therapy, and sign language. We are also exploring partnerships with universities in Ghana to involve national service personnel who can help bridge these gaps. Donations, both financial and in-kind, remain essential, as our resources continue to be stretched.

We are working diligently on sustainability projects, including the expansion of our organic farm, to help reduce costs and ensure long-term resilience. Our goal is to establish a sustainable agricultural program that consistently produces high-quality, organic food throughout the year. To achieve this, we urgently require basic farm tools and equipment such as cutlasses, hoes, gloves, watering cans, hoses, and wellington boots, as well as seeds and seedlings.

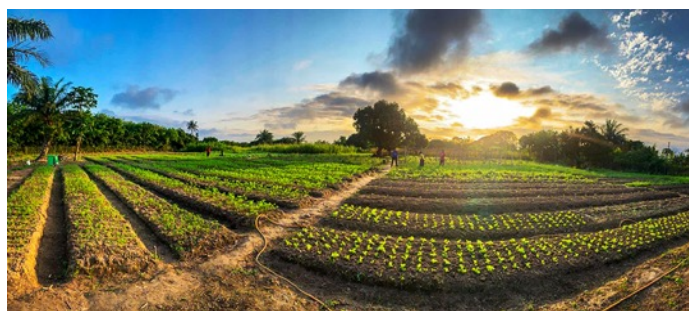
We continue to seek new sources of funding to reduce our reliance on existing donors. If you know of potential funding partners or individuals who may be interested in supporting our work, we would be most grateful for an introduction. We also kindly ask that you share this newsletter with friends, church groups, and other networks.

I close with the words of our late elder, Mr. Sackey: *"Thank you all for allowing yourselves to be used by Almighty God in answer to our prayers."*

Thank you for your ongoing support. May God bless you.

Yours sincerely,

Dr Mark Mantey, CEO



PPRC Farm at Dawn





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1. Ghana's Financial Outlook

The financial outlook for Ghana has recently improved. Inflation hit 12.1% in July, the lowest level since late 2021, and is projected to continue to decline slowly, to 9-10% in 2026 (Table 1). GDP growth in Q1 was 5.7% and is projected to be 4.2% overall for 2025. The Ghana Cedi (GHS) has strengthened significantly against international currencies, relative to 2024, see Table 2.

2. Fundraising

As always, our finances are very sparse, and we urgently need to raise funds to ensure our ongoing financial viability. We currently rely on a limited number of funding sources, with ~90% coming from

the UK and Ireland, which is not sustainable.

Year	Average Inflation %
2022	31.5
2023	40.3
2024	22.1
2025 YTD	19.2
2026 Proj.	9-10%

T1. Recent Inflation in Ghana

Currency	GHS/Unit			2-year Loss (%)
	Jun-23	Oct-24	Sep-25	
USD	11.2	16.1	12.0	-6.3%
Euro	12.1	17.4	14.0	-13.1%
GBP	13.9	20.8	16.1	-13.7%
Overall Average				-11.0%

T2. GHS vs. International Currencies

The Archbishop of Cape Coast, Most Rev. Charles Palmer Buckle and his council are actively supporting our fundraising efforts in collaboration with priests across the Archdiocese. For donations in Ghana, our Momo Number is MTN 0593141358 and our Momo Name is: Padre Pio Rehabilitation Centre.

If you'd like to donate to PPRC from the UK, please use this link:
<https://www.ahoto.org/support>

For other international countries, please use the Irish Friends of Ahotokurom (IFoA) account as detailed below. The IFoA is a registered charity with tax-exempt status, which means your donations go even further. We also have a list of projects that donors can sponsor. If you're interested, please don't hesitate to contact us.





Irish Friends of Ahotokurom (IFoA)	
Bank	Bank of Ireland
Branch	University of Limerick
Sort Code (NSC)	90-59-50
Account No.	6638 9119
IBAN No.	IE31 BOFI 9059 5066 3891 19
BIC No.	IE31 BOFI
Reg. Charity No.	20149

T3. IFOA Bank Details

3. St. Elizabeth's Day-Care

Every Tuesday, the children actively participate in sporting activities, including football, volleyball, and running. This helps improve their mental health and reduce attention deficits. All the children also participate in music therapy.

Mr. Albert visits the centre every Wednesday morning to lead the sessions, which staff also enjoy and actively join. As part of our vocational training programme, the preparation of hibiscus soft drinks has been introduced. This initiative is aimed at equipping our young adults with practical, income-generating skills, supporting their independence and enhancing their quality of life.



Music Therapy – St Elizabeth's

with the Jack Petchey scheme, and we are pleased to report that two young adults have received achievement awards.



Jack Petchey Award 1



Jack Petchey Award 2



Jack Petchey Award Certificate

Weekly training sessions are given on how to prepare the drink. In addition, Rashida has assumed an extra role coordinating





St. Elizabeth's Special Needs Gathering

4. St. Clare's Nursing Home

At present, there are twelve residents, and overall, everyone is doing well. Maame Gladys, one of our residents, recently experienced a recurrence of her medical disorder, which has been challenging to manage. We worked closely with the mental health nurses at Elmina Polyclinic, and she is now responding positively to treatment.



Cooking Food St. Clare's

Caring for elderly residents and meeting their unique needs is not without its difficulties, but the team remains dedicated and committed — and we are grateful for God's help. Encouragingly, there have been no recent emergencies or severe illnesses among the residents.

Our staff continue to work conscientiously to provide high-quality care, including offering proper nutrition, monitoring vital signs, dressing and managing wounds, and administering medications. Residents are also engaged in occupational therapy activities; currently, they are making brooms.



St Clare's

Post-diploma students from UCC recently provided support, assisting with wound care and spending valuable time interacting with residents, which was greatly appreciated.

We also recently received joyful news: Efua Grace, a long-term resident of St Clare's who was reintegrated into her home community last year, has given birth to a healthy baby girl. She is still living in her home village with her parents and her children, Kojo and Monica.

5. St. Joseph's Outreach

Kojo Gabriel is taking his final-year examinations to complete his senior high school education. We wish him every success and are hopeful, as his academic performance so far has been encouraging.

The quads are doing well, and we are actively seeking sponsorship to support their future tertiary education. We also hope to appoint a new leader to guide the work of the St. Joseph's outreach team.





Medical Outreach Team

6. Livelihood Projects

Anita's project, located in Twifu Aboabo in the Central Region, has been officially launched. The initiative has been blessed, and PPRC staff have visited the family to discuss plans and next steps.

A PPRC staff member has been assigned to provide ongoing support and regular visits to Anita's project, as well as to the other livelihood projects. Meanwhile, the Enyinndakurom livelihood projects continue to progress at various stages.



Ama's Livelihood Project Visit

7. Enyinndakurom Village

We are currently reorganising staffing arrangements for Enyinndakurom. Six students from the UCC Mental Health

Department recently joined us for a two-week clinical placement. During their time here, they supported our staff with wound care and blood pressure checks.



Wound Dressing - Enyinnda

We were sad to say farewell to Paul, whose commitment and presence among the residents of Enyinndakurom have been truly remarkable. He has been offered an opportunity to move on, and we wish him every success in his new endeavours.

In the meantime, we are actively exploring alternative staffing solutions. The students also organised a series of interactive and informative health talks covering dementia, depression, and common household hazards, which were well received by the community.

To ensure continuity of care, Emelia Selina Koufie has been reassigned to Enyinndakurom to replace Paul, supported by Ebenezer Wiredu.





Medical Outreach – BP Check – Enyinnda

community. Finally, we are deeply grateful to John Hayward for his ongoing educational support for Patricia Pearson Anabila as she undertakes training to become a psychiatric nurse. This specialised training is vital for the future of mental healthcare in Ghana, and we sincerely appreciate his commitment.

8. Donations

We were delighted to receive a generous donation of bed linen, towels, and pillowcases from the Ridge Royal Hotel. These have now been distributed among residents at Enyinndakurom, St Clare's, and our outreach programme.

Donations, whether financial or in-kind, are vital to sustaining our work. While contributions have slowed recently, we remain hopeful that as Ghana's economy improves, people will have greater disposable income to support our cause.

We are also grateful to the local Hindu temple for its longstanding commitment to the centre, and for another recent kind donation.



Enyinnda Prayer Group



Donation – Hindu Group

We are also pleased to see growing participation in the Sunday Holy Rosary prayer, supported by the local Catholic

In addition, Father David, a relative of Fr Addo, generously provided a 10,000-litre PolyTank to help us store rainwater.





Polytank Donation – Fr David

9. Visits / Visitors:

We were delighted to welcome Sr Lisa back to the centre recently, especially as she was able to reconnect with the children she had worked with some years ago. Staff from the Orthopaedic Training Centre in Nsawam also used PPRC as their base during their outreach to the Central Region. This collaboration not only enables clients to receive care within their own communities but also allows us to extend orthopaedic services to many more people in need.

10. PPRC Staff

Many staff members attended this year's Bakatue Festival in support of our Board Chair, Mr Nana Kodwo Eduakwa V. It was a joyful and memorable experience, especially for our National Service personnel and younger staff. We also bid farewell to Paul and Portia, who have moved on to new opportunities; we wish them both every success. On 6 July, we welcomed 16 students from Kwadaso Agricultural College for their internship. We are excited about the additional support and hope they enjoy contributing to our efforts under the "Feed Ghana" programme, which focuses on producing high-quality organic food.



Bakatue Festival 1



Bakatue Festival 2



Bakatue Festival 3

11. Governance

The Board of Directors (BoD) met on 26 June 2025 and commended the PPRC team for their dedicated work and the high quality of the newsletter. The Board recommended that the team present the





work of the centre to priests of the Archdiocese, as well as to Pax Romana at UCC, Cape Coast Technical University, and the University of Education, Winneba.

The next BoD meeting is scheduled for September 2025. Mr Nii Okpoti, a senior accountant, has been identified as a potential new member of the PPRC Board to address the need for additional financial expertise. The Board also plans to review the PPRC Strategic Plan to determine the best path forward. Additionally, the need to revise the current PPRC brochure to enhance its effectiveness as a marketing tool was discussed and approved.

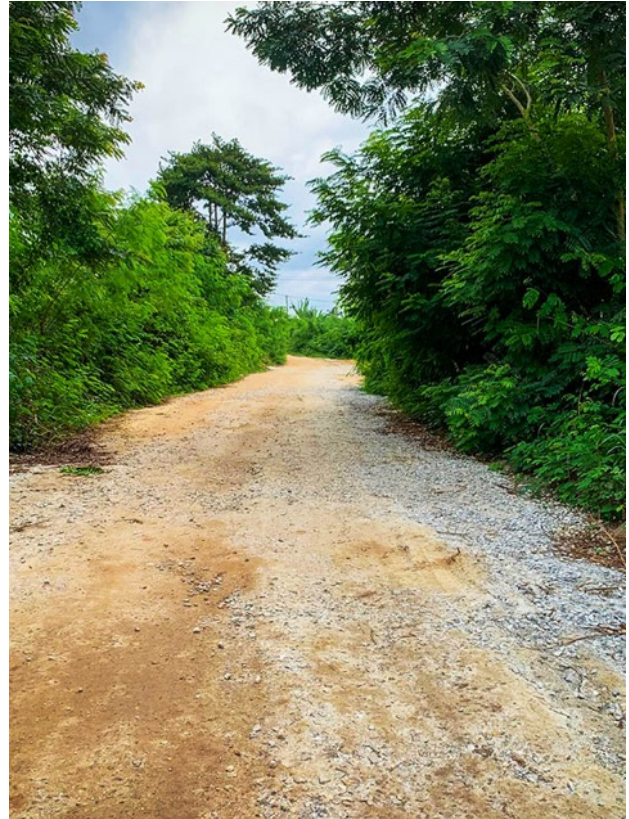


Local Roads – after repairs 1

12. Roads/Transport:

Transport costs remain one of our biggest challenges, largely due to the condition of local roads, which results in large expenses for repairs and spare parts.

Encouragingly, the roads have received some attention from local communities in recent months.



Local Roads – after repairs 2

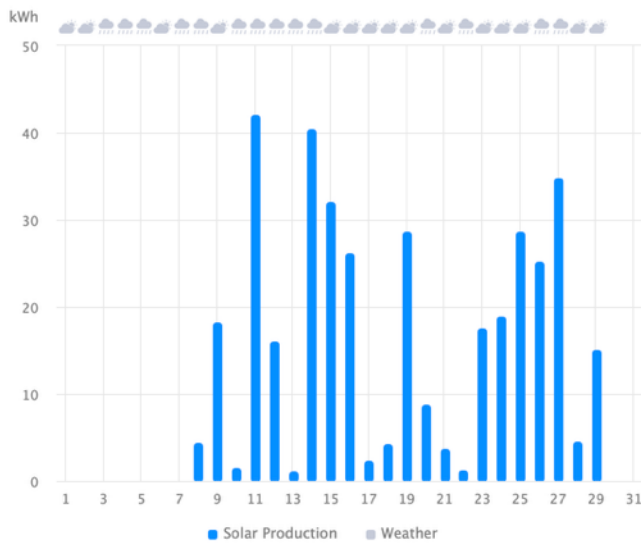
13. Hostel

The hostel remains consistently busy. The Board of Directors has requested a review of the hostel's monthly rental rates. The investment in the hostel is helping to address a significant accommodation shortage for nursing students.

14. Solar Power

Our solar power plant has experienced a number of issues over the past year. We got it fixed in February 2025, but it failed again soon afterwards. We escalated this issue with our local engineering support, and the inverter was eventually taken to Accra to be reprogrammed. The good news is that the inverter was reinstalled, and the solar plant has been producing power since 8-Aug, see below.





Solar Power Output Aug-2025



Solar Inverter – removal

15. Farm, Grounds & Maintenance

We are continuing to focus on a range of sustainability projects, including the development of an organic farm aimed at reducing our operational costs. We are pleased to report that our pineapple plantation has been significantly expanded, with over 21,000 new seedlings planted, covering about two acres. It is encouraging to see women from nearby communities visiting our farm in the early hours to purchase fresh

produce for resale. We are proud that our efforts are also contributing to improving local livelihoods.



Solar Inverter – re-install

Demand for our farm produce remains strong, with carrots being particularly popular. We recently cultivated 21 long beds of carrots and 17 beds of cucumbers, supported by our dedicated internship students. The interns have also provided valuable care for our plantain and coconut plantations and contributed to maintaining and improving our grounds. Finally, a section of St. Elizabeth's roof was recently repaired following leaks caused by storm damage.



Sheltered Work Crew





Ahoto Grounds 1



Ag. Interns Building Fences 2



Ahoto Grounds 2



Ag. Interns Building Fences 3



Ag. Interns Building Fences 1



Ag. Interns Planting Seeds

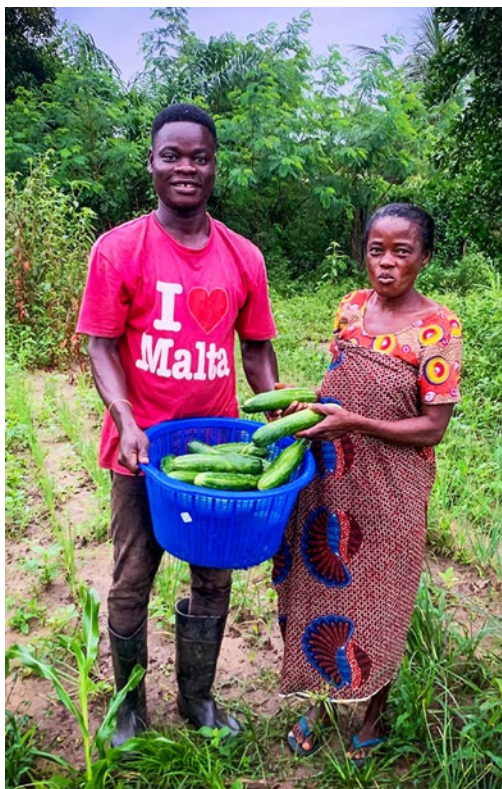




Ag. Intern – Sharpening Cutlass



Farm Produce



Farm Produce



Ag. Interns



Interns Planting Pineapples



Local Traders buying produce



Farm Produce



Principal of Kwadaso Agricultural College
visited Ahotokurom



Ag. Students Visit



Principal of Kwadaso Agricultural College
with the intern students